

The Special Programs/Inclusion Unit benefits from the assistance and advice of many area organizations and agencies. Two advisory boards on which we depend heavily are:

- The Special Programs/Inclusion Advisory Committee
- The Special Olympics Durham County Advisory Committee

We'd like to thank all of these individuals, agencies and others for their support.

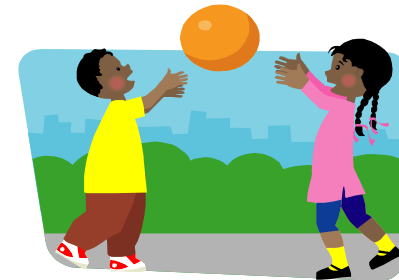


Special Olympics
www.DPRPlayMore.org



Durham Parks and Recreation

2010 Special Programs/Inclusion Program Guide



- Athletics
- After School & Camps
- Intersession & Fun Days
- Instructional & Social/Support Programs
- Special Events

**Durham Parks and Recreation provides
opportunities for our community to Play More!**

Vision Statement:

Durham Parks and Recreation will be Durham's leading resource for recreational choices to help citizens enjoy life while contributing to their health and well-being.

Special Programs/Inclusion Mission:

To provide citizens of all abilities the opportunity to participate in a variety of recreational opportunities, to promote physical, social and educational development, build self-esteem, and encourage good citizenship.

Inclusion Statement:

DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.

Special Programs/Inclusion Personnel

Recreation Manager: **Sarah Hogan** at 560-4355, ext. 27236

Special Olympics, Buddy Sports, Art Ventures Camp, and Inclusion Support (Walltown, Edison Johnson, and Athletics)	Kristen Randall , Morreene Road Center—till 6/10
Vision Impaired Services, ADAPT (Adult Day Program) & Inclusion Support (W.D. Hill, Campus Hills)	Kim Digsby , Morreene Road Center—till 6/10
After School and Explore Summer Camp Program, Inclusion Support (Neighborhood Centers), & Adapted Sports Programs	Meghan McLaurin , Lyon Park Center
Holton Center Mature Adult, Special Programs and Inclusion Support, Special Event Inclusion Planning/Implementation.	Annie Strike Holton Career & Resource Center.
Unit management, planning, budget oversight, ADA oversight, and program support for any/all of the above.	Sarah Hogan —DPR Main Office Kendrick Vann — Morreene Rd Centr.

*Jr. Fire Marshal (**ALL**) (**ages 10-17**)

Special Olympics Community sports—soccer, golf, tennis, aquatics, track/field, basketball, softball, gymnastics and cheerleading (**ID**) (**ages 10+**)

Special Olympics In-School Program—bowling, basketball, track/field (**ID**)

Summer Basketball League (**ID**) (**ages 14+**)

Teen ADAPT—Spring Break (**ALL**)

*Teen Social Club (**ALL**)

Tennis lessons, swim lessons, etc. (**ALL**)

Ages 18 +

ADAPT (Adult Day Activities Program and Training) (**ID**)

Adaptive needlecraft (**VIP**)

Adapted sports (**PD**)

Beep ball (**VIP**)

Blind bowling (**VIP**)

Braille (**VIP**)

Sharing group (**VIP**)

Special Olympics Community Sports—soccer, golf, tennis, aquatics, track/field, basketball, softball, gymnastics, power lifting, cheerleading, aquatics (**ID**)

Tennis lessons, swim lessons, etc. (**ALL**)

For more information about the programs listed above, but not described in the brochure, please call 560-4355.

Please remember that Durham Parks and Recreation wishes to include any/all citizens into general recreation programs as well. Additional info is available at:

www.DPRPlayMore.org

Special Programs/Inclusion Program Breakdown

ALL=Any/All disabilities
 ID = Intellectual Disability
 PD=Physical Disability
 VIP=Visually Impaired Program
 *=Inclusive Programs

Ages 5-12

Adapted sports (PD) (ages 8+)
 Adaptive aquatics (ALL)
 *Art Ventures Summer Camp (ALL) (ages 10-21)
 *Buddy sports—basketball, T-ball, soccer (ALL)
 Camp Discover After School and Summer Camp (ALL)
 *Friday Fun Night (ALL)
 *Fun Day (ALL)
 *Jr. Fire Marshal (ALL) (ages 10-17)
 Special Olympics In-School Program—bowling, basketball, track/field (ID)
 Special Olympics cheerleading, aquatics, track/field (ID) (ages 10+)
 *Spring Break Camp (ALL)
 Tennis lessons, swim lessons, etc. (ALL) (ages 8 +)

Ages 13-21

Adaptive aquatics (ALL)
 Adapted sports (PD)
 *Art Ventures—Summer Camp (ALL)
 Beep ball (VIP)
 Discover After School and Summer Camp (ALL)
 Explore After School and Summer Camp (ALL)
 Friday Night Extravaganza (ALL)
 *Fun Days (ALL)

Guidelines for Serving Persons with Disabilities:

Because we wish to provide the highest level of recreation services to all of our citizens we will:

- Modify or adapt activities in a way that does not fundamentally alter the purpose of the activity.
- Provide accessible transportation, when transportation is provided for others.
- Arrange for the individual to meet staff prior to the program.
- Meet with the individual (or parent/guardian) to seek instructions and strategies to meet needs and promote success.
- Provide sign language interpreters upon request.
- Provide adapted equipment (when available).
- Provide trained staff at a 1:4 staff to participant ratio.

Participants wishing to be involved in DPR programs are required to:

- Provide information that will help DPR staff serve them fully.
- Provide a 1:1 care aid if they require: diaper changes, total assistance with toileting, or significant support with other activities of daily living (feeding, dressing, etc.), eyes-on supervision most/all of the time, and/or direct support to participate in activities or communicate needs and wishes.
- Provide adapted supplies and equipment that are specific to their needs and may not be available to DPR.

DPR will work with the participant (and family) to determine if 1:1 support is needed. If so, the participant will be required to provide a suitable care provider in order to attend/remain in the program.

Please register for programs at the program location (i.e. register to participate in Campus Hills Center's program at Campus Hills Recreation Center) and be sure to indicate what support and/or accommodations are needed.

Facilities

- ♦ Community Family Life and Recreation Center at Lyon Park , 560-4288
- ♦ East Durham Neighborhood Center, 560-4278
- ♦ Edison Johnson Recreation and Aquatics Center—*closed for renovations till 6/1/10*
- ♦ Holton Career and Resource Center, 354-2750
- ♦ I.R. Holmes, Sr. Recreation Center and Campus Hills Pool at Campus Hills, 560-4444
- ♦ Morreene Rd. Neighborhood Center, 560-4405
- ♦ T.A. Grady Neighborhood Center, 560-4280
- ♦ Walltown Neighborhood Center, 560-4296
- ♦ Weaver Street Neighborhood Center—*closed for renovations till 6/1/10*
- ♦ W.D. Hill Recreation Center—*closed for renovations till 6/1/10*
- ♦ W.I. Patterson Neighborhood Center, 560-4560
- ♦ More than 60 parks and outdoor play spaces
- ♦ Athletic facilities, i.e. ball fields, soccer fields, tennis courts, and gymnasiums
- ♦ Two (2) outdoor pools—Hillside and Long Meadow
- ♦ Heritage Parks: West Point on the Eno, Leigh Farm Park, Lake Michie, and Little River Lake. For info call 471-1623.

Accessibility

The City is currently in the process of improving access to all City facilities. We currently have three recreation centers closed for renovations. These are Edison Johnson Recreation and Aquatics Center, W.D. Hill Recreation Center, and Weaver Street Recreation Center. We anticipate these Centers will re-open on June 1, 2010. For more information about these or other projects, please call the City's General Services Department at 560-4197 or DPR at 560-4355. You may also contact
 Stacey Poston: Voice: 560-4197, ext. 21254,
 TTY:560-1200

"Special" Summer Basketball League:

(age 14+) (June-July)

This 8-week basketball league offers teens and adults with disabilities the opportunity to play in a basketball league created just for them. This program and opportunities to be included in general public basketball leagues are available by contacting
 Kristen Randall at 560-1301 or
Kristen.Randall@durhamnc.gov

Adapted Aquatics

This program is designed to teach individuals with disabilities safe boundaries in and out of the water. Focus will be placed on the fundamental skills of swimming a water safety.
 Call 560-4444 for more information.

Inclusion Opportunities During Spring Break

Job Readiness

(ages 13-18)

Safe Sitter

(ages 11-13)

Intercession Camp

(ages 6-12)

Campus to Campus

(ages 14-18)

Jr. Fire Marshal

(ages 11-17)

Durham Aquatics

School (ages 15-18)

Guard Start*

(ages 11-14)

Contact Kendrick Vann at

560-4405, ext. 27322 or

Kendrick.Vann@durhamnc.gov

Adapted Sports (ages 14+)

Team sports for people who use electric or manual wheelchairs. This program provides an opportunity for individuals to play hard and enjoy an action-packed, competitive challenge, all while building teamwork, communication, perseverance and good sportsmanship! Contact Meghan McLaurin at 560-4288, ext. 27375 or Meghan.McLaurin@durhamnc.gov

Unity in the Community Day:
(Oct. 16, 2010)

This community festival will include games, entertainment, information booths, snacks and prizes. The event is held to honor all citizens and all ability levels in celebration of Disability Awareness Month. Contact Kendrick Vann at 560-4405, ext. 27322 or Kendrick.Vann@durhamnc.gov

ADAPT (ages 18-54):
(Sept.-May)

This "Adult Day Activity Program and Training" runs in six week sessions and offers adults with intellectual disabilities opportunities to learn recreation and community skills. The program is held Monday-Friday for three hours each morning. Contact Kim Digsby at 560-4292, ext. 27341 or Kim.Digsby@durhamnc.gov

Water Aerobics– Aqua Arthritis

This program offers exercises specifically designed for persons with debilitating disorders, such as arthritis or fibromyalgia. You do not need to know how to swim to participate.

Call 560-4444 for more information.

Accessibility

Because we believe that all citizens have the right to receive the same or similar programs and services, we will make every effort to provide reasonable accommodations for any/all programs and services. Please call us at 560-4355 if you have any questions or simply inquire at any of our programs or facilities.

**Planned Inclusion**

We have identified several programs and sites at which to plan for inclusion. This in no way means we intend to limit access at other locations, however, we have found it best to identify programs and sites that are most often requested and plan ahead to provide extra staff, accessible transportation, and improved physical access.

Below are examples of such programs:

Teen Social Club (ages 13-19)

Inclusive Teen Club meets the second Saturday of each month for community outings. Costs are contingent on activity. Contact Kristen Randall at Kristen.Randall@durhamnc.gov or 560-1301 to register.

Friday Fun Night: (ages 5-12) (Sept.-May)

Inclusive program (for ages 5-13) at Edison Johnson Recreation Center, the third Friday night of each month. Activities include arts and crafts, swimming, gym activities, movies, and musical games. For more info contact Kristen Randall 560-1301 or

Buddy Soccer (ages 5-13): (Aug.-Oct.)

This 8-week soccer program offers children with and without disabilities an opportunity to learn and play together. This program works on social skills, team building and sport skills. Contact Kristen Randall at 560-1301 or Kristen.Randall@durhamnc.gov

Buddy Basketball (ages 5-13): (Jan.-March)

This 8-week basketball program offers children with and without disabilities an opportunity to learn and play together. This program will work on social skills, team building and sport skills. Contact Kristen Randall at 560-1301 or Kristen.Randall@durhamnc.gov

Challenger League: (ages 5-18)

A baseball program for youth and teens with disabilities. Contact Kristen Randall at 560-1301 or Kristen.Randall@durhamnc.gov

Notice Under the Americans with Disabilities Act—A person with a disability may receive an auxiliary aid or service to effectively participate in city government activities by contacting the ADA Coordinator, voice 919-560-4197, fax 919-560-4196, TTY 919-560-1200 or ADA@durhamnc.gov as soon as possible but no later than 48 hours before the event or deadline date.

In addition to providing and encouraging inclusion of persons with disabilities in all DPR programs, we also offer a variety of special programs to meet the specific needs and interests of our citizens. You can find these programs listed throughout this brochure.

Summer Day Camps
(June 14–August 13, 2010)

Camp Discover: (Ages 5-21)

Location: Forest Hills Park (ages 11-21)

Morreene Road Recreation Center (ages 5-10)

Monday-Friday (7:30 a.m.-6 p.m.)

This program is an alternative to inclusive services. If you feel your child would benefit more from a separate program designed to meet the needs of a child with a disability then this may be the program for you. However, we seek to “include” any child who can be safely and appropriately served in any of the public camps offered by our department. Note: because our general public camps for teens end at age 15, Camp Discover and Camp Explore (listed next) are the only options available to youth ages 16-21 years of age.

Camp Explore: (Ages 13-21)

Location: Community Family Life and Recreation Center at Lyon Park

Monday-Friday (7:30 a.m.-6 p.m.)

This camp serves teens and young adults with moderate to mild intellectual disabilities. If you feel your child would benefit more from a separate program designed to meet the needs of a child with a intellectual disability then this may be the program for you. However, we seek to “include” any child who can be safely and appropriately served in any of the public camps offered by our department. Note: Because our general public camp for teens end at age 15, Camp Discover (listed previously) and Camp Explore are the only options available to youth 16-21 years of age.

Art Ventures Summer Day Camp: (Ages 10 and older)

This 3-week camp program offers youth with and without disabilities creative drama, dance and set design opportunities. Camp will be held (M-F) Monday, June 14 - Friday, July 2 with a performance on Thursday evening, July 1. For more info contact Kristen Randall @ 560-1301 or Kristen.Randall@durhamnc.gov.

Care Programs

All DPR school age care programs provide inclusion support for children with disabilities. We also offer several specialty options for children with disabilities. Children needing significant assistance with personal care, behavior management or support to participate in activities may be required to bring a care provider to assist them. For more information please call Sarah Hogan 560-4355, ext. 27236 or Kendrick Vann at 560-4405, ext. 27322.

Explore and Discover After School Programs: (Ages 5-21)

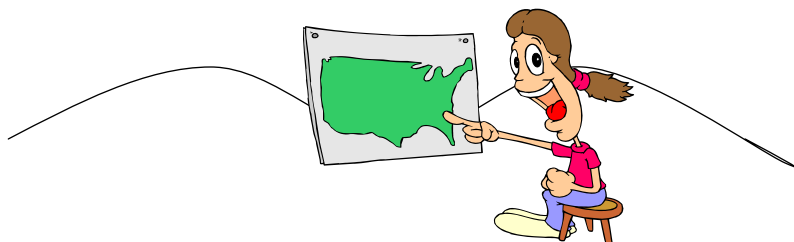
Location: Lyon Park Community Center

Monday-Friday (2:30 p.m.—6 p.m.)

In addition to "Inclusion," we offer two programs specifically for children with disabilities. If you feel your child would benefit more from a separate program designed for children with disabilities, then one of these programs may be the program for you.

Explore: (Ages 13-21) serves teens and young adults with moderate to mild intellectual disabilities.

Discover: (Ages 5-21) serves children with severe disabilities and/or whom because of noise or activity level are not yet ready for an inclusive program. For more information contact Meghan McLaurin 560-4288, ext. 27322).



For more information about programs on these two pages (except ArtVentures) contact Meghan McLaurin 560-4288, ext. 27375 or Meghan.McLaurin@durhamnc.gov.

For Persons with Visual Disabilities

Blind Bowling (ages 14 and up)

This community bowling program for persons who are blind (or visually impaired) is held at AMF Lanes.

Adaptive Needlecraft (ages 18 and up)

Class is designed for persons with visual impairments. Participants will learn various types of needlecrafts.

Sharing Group (ages 14 and up)

A support and education group for persons with visual impairments. Individuals just beginning to experience vision loss are encouraged to attend.

Beepball (ages 14 and up)

Competitive softball for individuals with various levels of visual impairment. Players and volunteers are welcome to join the Durham Sluggers. Team practices weekly and games are on Saturdays in June and July. The season concludes with a NC/SC tournament in late July.

Beepball Prog. Contact

Meghan McLaurin at 560-4288, ext. 27375 or

Meghan.McLaurin@durhamnc.gov

Braille Class (ages 18 and up)

Class teaches basic and intermediate Braille.

For programs above contact

Kim Digsby at 560-4405, ext. 27341 or

Kim.Digsby@durhamnc.gov for more information.



Programs for Persons with Intellectual Disabilities

Special Olympics Basketball (Dec.-Feb.) (ages 14+)

Program offers basketball training for Special Olympics Athletes. Teams travel to away games and to the Special Olympic State Level Tournament (a weekend long event). Contact Kristen Randall 560-1301 or Kristen.Randall@durhamnc.gov for more information.

Special Olympics Cheerleading (Nov.-Feb.) (ages 10+)

Competitive cheerleading program for Special Olympics Athletes. Team will cheer at Special Olympics basketball games and support various Special Olympics events. Team will also compete at the Special Olympics State Games (a weekend-long event). Contact Kristen Randall at 560-4270 or Kristen.Randall@durhamnc.gov for more information.

Special Olympics Softball (March-May) (ages 14+)

Program offers softball training for Special Olympics Athletes. Team travels to away games and the Special Olympic State Games (a weekend-long event). Contact Kristen Randall 560-1301 or Kristen.Randall@durhamnc.gov for more information.

Special Olympics Aquatics (March-May) (ages 10+)

Competitive aquatics program for Special Olympics Athletes—must be able to swim the length of the pool (25 yards) independently. Athletes may compete at an Invitational Tournament and the Special Olympics State Games (a weekend-long event). Contact Kristen Randall 560-1301 or Kristen.Randall@durhamnc.gov for more information.

Special Olympics Track and Field (March-May) (ages 10+)

Program offers track and field training for Special Olympics Athletes. Athletes may travel to away meets and the Special Olympic State Games (a weekend-long event). Contact Kristen Randall 560-1301 or Kristen.Randall@durhamnc.gov for more information.



Special Olympics Soccer (Aug.-Oct.) (Aug.-Oct.) (ages 14+)

Competitive soccer program for Special Olympics Athletes. Teams may travel out of town to tournaments and to the Special Olympics State Level Competition (a weekend-long event). Contact Kristen Randall at 560-1301 or Kristen.Randall@durhamnc.gov for more information.

Special Olympics Golf (Aug.-Oct.) (ages 14+)

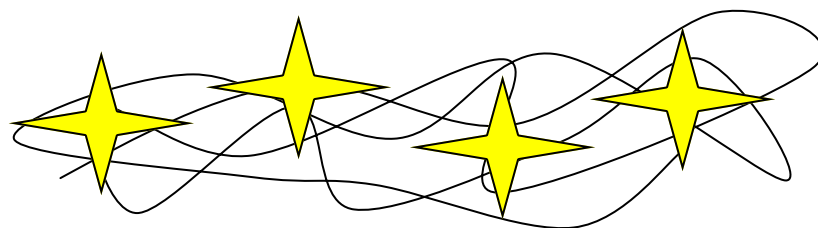
Competitive golf program for Special Olympics Athletes. Teams may travel out of town to tournaments and to the Special Olympics State Level Competition (a weekend-long event). Contact Kristen Randall at 560-1301 or Kristen.Randall@durhamnc.gov for more information.

Special Olympics Power lifting (Aug.-June) (ages 18+)

Competitive weightlifting program for Special Olympics Athletes. Athletes may travel out of town to tournaments and to the Special Olympics State Level Competition (a weekend-long event). Contact Kristen Randall at 560-1301 or Kristen.Randall@durhamnc.gov for more information.

In-School Special Olympics Training (Sept.-June) (ages 8+)

School-aged youth (ages 8+), in self-contained intellectual disabilities classes are offered a variety of Special Olympic sports options. Information will be disseminated throughout the school system. Contact Kristen Randall 560-1301 or Kristen.Randall@durhamnc.gov for more information.



Coming soon ... Unified Softball (ages 15+)

Plans are underway to create a Unified Softball Team (persons with and without disabilities). We are hoping more information will be available soon, but in the meantime, if you are interested, please contact Kendrick Vann @ 560-4405, ext. 27322 or Kendrick.Vann@durhamnc.gov.